



# **MENTAL HEALTH COUNSELING PROGRAM**

**Our Elderly Counseling services provide individual Mental Health Counseling for emotional support, information, and guidance for older adults who can benefit from the services.**

## **Service Eligibility Requirements:**

- Any senior age 60 and older
- Must live in Pasco or Pinellas County
- Special emphasis targets for at risk seniors such as: minority, low-income, live in rural area, socially isolated, or individuals at risk for placement
- Services are free of charge, but clients have the opportunity to make voluntary contributions

Services can be provided via telehealth, in-home, or conducted at Senior Centers to elderly individuals living in Pasco and Pinellas Counties. Weekly, bi-weekly, or monthly sessions are established based on the treatment plan which is reviewed every 6-months.

**Interested in learning more? Call us at 727-570-9696 ext. 162**