

# PASCO SHERIFF'S OFFICE AGENCY RESOURCES OVERVIEW



## **CHAPLAIN UNIT**

(813) 294-9392

The Chaplain Team consists of licensed and ordained volunteer members of the local community clergy. Chaplains provide emotional, moral and spiritual support to agency members and their immediate family. To contact an agency chaplain call Brian Brown at (813)294-9392 or email [bbrown@pascosheriff.org](mailto:bbrown@pascosheriff.org)

## **CLEAN RECOVERY CENTERS**

813-285-5965

Clean Recovery Centers offers a path to recovery from alcoholism, addiction, and untreated mental health issues. Most major insurances are accepted. Pasco Sheriff's Office members should confirm your insurance is accepted prior to seeking services. Clean Recover Centers Enrollment Process includes a verification of benefits with the patient's insurance provider (approximately 15 minutes) and a phone assessment (approximately 15 minutes). Once accepted, Clean Recovery can send transportation for pick-up if no transportation is available.

## **COPLINE (LEO ONLY)**

1-800-267-5463 (1-800-COPLINE)

CopLine is the first international law enforcement officer's hotline, answered entirely by retired law enforcement officers. An active or retired officer or their family member can call 24/7 and be assured there is a trained retired officer on the other end of the line. "Cops understand Cops. We have been exposed to similar situations in our careers. Whether you're active duty or retired and feel like no one understands what you're going through, we want to answer your call". CopLine is strictly confidential and callers remain anonymous, please call 1 (800) COP-LINE, (1-800-267-5463), operating in continental U.S. and Canada.

## **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

(800) 878-5470

The Employee Assistance Program is a free confidential resource available for all Pasco Sheriff's Office members and their immediate family. Members receive ten (10) free sessions annually, which resets October 1<sup>st</sup> each year. Employee Assistance Programs free services include counseling, legal services, mediation services, financial coaching, free simple wills and website services. To contact the Employee Assistance Program 24 hours a day, 7 days a week, go to <https://pascosheriff.personaladvantage.com/> and use the password PASCO call (800) 878-5470.

## **FAMILY SUPPORT NETWORK**

The Family Support Network exists to educate, empower and engage family members of law enforcement. This mission is accomplished by providing support to spouses, significant others, companions, children and parents of a law enforcement member. Resiliency groups are a resource for members and their families who have experienced trauma and grief. PSO partners with local organizations to provide care and support on multiple topics. To join go to [www.fsn.pascosheriff.com](http://www.fsn.pascosheriff.com)

## **FIRST RESPONDER CHILDREN'S FOUNDATION**

646-822-4236

No matter what support a first responder family needs, the Children's Foundation is standing by to help the heroes who dedicate their lives to helping others. The programs include direct financial assistance, mental health support, bereavement grants, college scholarships, and toys at the holidays. For more information visit [www.1strcf.org](http://www.1strcf.org)

## **FIRST RESPONDER HOPE LINE**

1-800-435-4316

Being a first responder means being dedicated to protecting others. Today, this means being exposed to scenes of trauma and challenges that may leave you overwhelmed and alienated. At times it may feel like no one can understand. You may put others' lives first, but you can still make your mental health a priority. Because saving lives starts with your own. The First Responder Hope Line works to ensure that our community's first responders have access to a lifeline of support, allowing you to speak confidentially with trained specialists anytime. For immediate and confidential support call 1-866-4FL-HERO or visit [www.lasttoask.com](http://www.lasttoask.com)

## **FRANCISCAN CENTER**

813-229-2695

Operation Restore is a 3-night, 4-day program held at the Franciscan Center in Tampa, on eight quiet acres on the Hillsborough River. First responders receive personal, confidential treatment after experiencing critical incidents, line of duty deaths, and the general effects of pressure throughout their careers. The program incorporates counselors, psychiatrists, psychologists, peer-support, and trained professionals who treat post-stress using one-to-one counseling, group processing, education, and a proven scientific technique called EMDR, or eye movement desensitization and reprocessing. For more information contact 813-229-2695 or visit [www.franciscancentertampa.org](http://www.franciscancentertampa.org)

## **PEER SUPPORT TEAM**

(727) 277-7130

The Peer Support Team provides assistance to agency members through presence. For many people, talking about our stressors helps reduce stress reactions. Our team can help provide a shoulder to lean on while providing education on proven self-care techniques, available agency resources, and referral to higher levels of care. To contact a Peer Support Team member call Jennifer Morton at (727) 277-7130 or email [jmorton@pascosheriff.org](mailto:jmorton@pascosheriff.org)

## **PUBLIC SAFETY THERAPIST**

(727) 277-7212

Pasco Sheriff's Office Public Safety Therapist (PPST) is a state certified Licensed Mental Health Counselor who is culturally competent in addressing the occupational stressors experienced in the first responder community. The PPST is available to you at no cost. To contact PPST Jamie Jones call at (727) 277-7212 or email [j.jones@pascosheriff.org](mailto:j.jones@pascosheriff.org)

## **SHERIFF'S HEALTH & RESILIENCY PROGRAM (SHARP)**

SHARP is a 16 hour educational course for Pasco Sheriff's Office members and spouses that focuses on suicide prevention, conflict resolution, goal setting, goal focused recovery, self-care, financial planning, nutrition and physical health. Members wanting to attend should look for the SHARP flyer in the weekly training postings. Spouses who wish to attend should contact Jennifer Zoccoli at [jlzoccoli@pascosheriff.org](mailto:jlzoccoli@pascosheriff.org)

## **TELADOC HEALTH**

800-teladoc

Florida Blue offers virtual Teladoc Healthcare to include general medical services as well as mental health services. Mental health services include anxiety, depression, post-traumatic stress, stress, panic disorder, family/marriage issues, grief, eating disorders, substance abuse, trauma resolution, work pressures and ADHD.

## **THE RETREAT AT LARGO MEDICAL CENTER - HCA WEST HOSPITAL**

First Responder Line: 727-460-3193

The Retreat at Largo Medical Center is a destination first responders and their adult family members. All rooms are private, confidential space complete with bathroom and desk space for your convenience. The goal is to increase coping, validate emotions and assist in challenging negative thoughts.

Treatment plans are individualized based on needs during the voluntary stay and include: Private, confidential entrance. NO emergency room visit and alias used upon request. Daily private meeting with attending psychiatrist. Private meeting within 24 hours of arrival by therapist for support and individualized treatment planning. Daily groups include: psychotherapy, art, music and recreation therapy. HIPPA Confidentiality. No questions asked policy. No communication with First Responder agency. Largo Medical Center Indian Rocks Road Campus is honored to be able to support those that serve and protect our community every day.

Contact the House Supervisor at (727) 460-3193. Advise them that you are calling for our First Responder Behavioral Health Program. You will be asked to provide the following information: Name or Alias requested, date of birth, brief and confidential description of need for admission and/or current situation, and need of voluntary status.

## **UCF RESTORES**

407-823-1657

The University of Central Florida (UCF) RESTORES' mission is to change the way that Post Traumatic Stress Disorder is diagnosed, understood, and treated. UCF RESTORES provides free clinical treatment services to first responders, veterans, active-duty military experiencing PTSD and trauma-related concerns. Treatment Programs and Services include: Outpatient Therapy Trauma Management Therapy Intensive Outpatient Program Single-Session Consultation Program. For more information visit [www.ucfrestores.com](http://www.ucfrestores.com)