#### Locations

### Pinellas Park

8800 49th Street N, Pinellas Park,

Suite 401 33782

Practitioner day is Tuesdays 4-6:30p

COUNSELOR PINELLAS PARK:

Emily.Sanders@westcare.com

 $(727)\ 267-8480$ 

PEER SUPPORT PINELLAS PARK:

Christina.Fish@westcare.com

(727) 558-7282

### **Port Richey**

6448 Ridge Rd, Port Richey, 34668

Practitioner day is Wednesdays 11-6p

COUNSELOR PORT RICHEY:

Maria.Grant@westcare.com

 $(727)\ 218-3623$ 

PEER SUPPORT PORT RICHEY:

Tara.Gardin@westcare.com

(727) 249-8241

Dena.Lynch@westcare.com

(727) 494-5038

# UPLIFTING THE HUMAN SPIRIT



GulfCoast - Florida, Inc.



### **DadeCity (COMING SOON)**

15000 Citrus County Dr., Dade City, 33523

Counselor: Emily Sanders

Emily.Sanders@westcare.com

 $(727)\ 267-8480$ 

For more information about the MAT program in the Gulfcoast area, please contact:

MAT Offices GulfCoast:

MAT Coordinator: Misty Engel, MSW

 $\underline{Misty.Engel@westcare.com}$ 

(727) 291-3230

# Medication Assisted Treatment

### Customized solutions to fit your individual recovery needs

WestCare-GulfCoast offers 3 different medications to assist you on your road toward recovery.

Vivitrol (Extended-Release Injectable Naltrexone)

Suboxone (Buprenorphine/Naltrexone)

### Sublocade (Buprenorphine Extended Release)

Each medication works a little differently, but all work to block the cravings and promote an easier recovery experience. Lengths of time on each medication varies from person to person and is a personal choice.

If you are eligible for these services, they are completely free to you. However, there is an expectation that you participate in the treatment services provided to take advantage of these free options.

## What can I expect to get started?

First, you will meet with one of our peers who is in long-term recovery to complete a basic screening. Labs will be required to begin treatment.

You will also link with your counselor for assessment and being building your treatment plan.

You will be evaluated by one of our practitioners at either Pinellas Park, Zephyrhills or Port Richey.

The following week you will start the medication protocol you and the practitioner feel is the best fit depending on your needs.

Each medication requires different onsite follow-up protocols. Some medications require a new client to return as frequently as once a week onsite weekly for follow ups, drug screening and check-ins. After some stability has occurred, the practitioner will decrease the number of required visits.

Clinical and Peer Interentions are available virtually. In-person peer and counseling sessions is also an option, speak with the counselor and peer within your program location for more information.

### Services

### New Client Phase (1):

- 1 session weekly with counselor
- 2 check-in sessions monthly with peer
- 1 group once per week

### Active Phase Clients (2):

- 2 sessions monthly with counselor
- 1 check-in monthly with peer
- 1 group per week

# Maintenance Phase clients (1 year onward) Phase (3):

- 1 session monthly with counselor
- 1 session monthly with peer
- 1 Group per Month

If you are enrolled in another of WestCares' programming, you may be asked to participate in a reduced number of treatment services. Talk to your counselors to discuss scheduling that fits your treatment episode.