# Mobile Crisis Response Team

Pasco County: 24 hours a day, 7 days a week - 727-372-HELP (4357)

### When is it a crisis?

- When a youth is struggling with a stressful situation or event and is having trouble coping independently.
- When a youth's behavior becomes threatening to self and/or others.

## What are Mobile Crisis Response Team services?

Mobile Response Team services are short-term, on the phone or face-to-face services that are designed to address a variety of situations, including suicidal and homicidal behaviors, family/peer conflicts, disruptive behaviors, and without immediate intervention the youth is likely to require a higher level of services and/or hospitalization.

# What happens when a Mobile Crisis Response Team is dispatched?

A member of the Mobile Crisis Response Team will travel to the site where the youth in crisis is located and may provide the following services:

- Identify strengths and resources of the youth/family
- Face-to-face supportive listening
- Crisis assessment
- Development of a crisis safety plan
- Stabilization services to help the youth return to stable living
- Skills training to minimize future crisis
- Connection to ongoing support services and/or other community resources
- Coordination with current service providers

## Call the Mobile Crisis Response Team if:

- A youth is experiencing out of control behaviors that places his/herself at risk of harming self or others
- A youth is expressing thoughts of suicide
- A youth is experiencing severe enough stress that results in a significant decline in daily and/or family functioning

#### Call 911 if:

- A youth has attempted or is in immediate risk of attempting or completing suicide
- A youth is in immediate risk for aggression, violence or has committed a crime
- A youth is in need of medical attention

