

WHEN YOU'RE NOT SURE
WHICH WAY TO TURN...

TAKE THE ROAD TO WELLNESS



www.MedicalCenterTrinity.com

Adolescent Intensive Outpatient Program

1:00PM-4:00PM



THE PATH TO FEELING BETTER

This program includes 12 hours of therapeutic group activities per week.

SERVICES

- Cognitive Behavioral Therapy
- Co-Occurring Diagnosis Therapy
- Expressive Therapy
- Educational Group Therapy
- Medication Management
- Family Systems Therapy

TREATMENT FOR

- Ages 13-17
- Psychiatric Disorders/ Co-Occurring Disorders
- Crisis Situations
- Depression and/or Anxiety
- Post-Traumatic Stress Disorder
- Grief/Loss Issues
- Relational Conflict
- Mood Swings
- Inability to Sleep
- Trouble Focusing or Completing Tasks
- Difficulties at Work/School



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