

Join  **NAMI**
National Alliance on Mental Illness
Pasco County

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Email _____

Yearly Membership Levels

- \$35 Regular
- \$3 Open Door
- or by Donation _____

Join online at www.nami.org
 and select **NAMI Pasco** as your
 affiliate of choice.

NAMI Pasco members automatically become voting members at the national, state, and local NAMI levels. Members are placed on the local affiliate's email information distribution list, receive NAMI national Advocate magazine, and enjoy discounts on conferences and literature from the NAMI store at www.nami.org

Our committed
Board of Directors



Heather O'Dell



Nikki Drake



Billy Major



Gloria Strother

Volunteers are always needed and appreciated. Come share your talents and expertise.

Support.Education.Advocacy
 NAMI Pasco County Florida, Inc.
 P.O. Box 412 Elfers, FL. 34680

A 501(c)3 Not-for-Profit Corporation

NAMI Pasco gratefully acknowledges Vincent House members and staff for producing & printing our affiliate brochure. Learn more at vincenthouse.org

Groups do not generally meet if that day falls on a holiday. For further information, and to confirm location and time of all local groups, please call:

(727) 992-9653
 or visit the website calendar
 at www.namipasco.org



 **NAMI**
National Alliance on Mental Illness
Pasco County



National Alliance on Mental Illness

Pasco County

offers many forms of support and education

Family-to-Family

A free 12-week course for family caregivers of individuals with severe mental illness. Discussion covers clinical treatment options and effective skills so family members can cope more effectively.

** Register anytime for upcoming classes.*



Connection

A free recovery support program for adults living with mental illness. Designed for sharing experiences and coping strategies, as well as offering encouragement and understanding.

Connection Recovery Support Groups are held:

- Every Wednesday 7-8:30 PM**
Medical Center of Trinity West
Pasco Campus, Conference Room
5637 Marine Parkway,
New Port Richey, FL 34652
(727) 992-9653
- Every 1st & 3rd Saturday 11:30 AM-1 PM**
Prevention Counseling Center
13743 U.S. 98 Bypass
Dade City, FL 33525
(352) 556-9849

Crisis Intervention

Designed for law enforcement officers, this 40-hour training teaches how to respond to people in a mental health crisis. Contact NAMI Pasco for the next available class.



Education Meetings

Join NAMI Pasco the first Monday of every month for a variety of speakers and topics related to mental health and recovery. Find more details on our website: www.namipasco.org



NAMI PASCO Peer-to-Peer

NAMI Peer-to-Peer is a unique, experimental learning program for people living with a mental illness who are interested in establishing and maintaining their wellness and recovery. A free 10-week course for individuals with a mental illness is taught by trained peers. Find out more about how others have coped with stigma, fear, and much more.

** Register anytime for upcoming classes.*

Family Support Group



A free, confidential, peer-facilitated meeting designed to help family, friends and caregivers who have a loved one with a mental illness. Join us for sharing experiences and local resources with compassion.

No-Cost Meetings

- 1st & 3rd Thursday 6:30 – 8 PM**
Regional Medical Center
Bayonet Point
Shoreline Café Meeting Room
14000 Fivay Road,
Hudson, FL 34677
- 2nd & 4th Monday 7:30 – 9 PM**
Medical Center of Trinity, West
Pasco Campus, Conference Room
5637 Marine Parkway,
New Port Richey, FL 34652
- 1st & 3rd Tuesday 7 – 8:30 PM**
Atonement Lutheran Church
29617 State Road 54
Wesley Chapel, FL 33543

** For questions, please call (727) 992-9653.*